



## **2023 Core Fire Conditioning Teacher Training Program**

### Schedule, Policies, Payment, and Graduation Requirements

*Please read all this information carefully before enrolling in our CFC Teacher Training:*

#### **TRAINING DATES & SCHEDULE:**

Our 2023 Rhode Island Hot Yoga Core Fire Conditioning Teacher Training Program will be held on Friday July 21st, Saturday July 22nd, and Sunday July 23rd.

Sessions will begin promptly at 8am and finish at 5pm. Each day will include a 60-minute heated class and a 1 hour lunch break. All training sessions will be held at our Providence Studio at 166 Valley St.

#### **ATTENDANCE & CERTIFICATION POLICIES**

The training consists of 21 in-person contact hours. Participants must arrive punctually for all sessions and participate fully in all these hours in order to complete the certification. Please notify us promptly if any emergencies come up so that we can determine the best way to accommodate your circumstances.

Payment of tuition does NOT guarantee graduation or certification. In order to gain their teaching certification, participants must:

- Fully participate in all training hours, including classes & teaching practice
- Demonstrate a basic understanding of the Core Fire Conditioning fundamentals through our in-person practice sessions.
- Conduct themselves professionally and uphold our code of conduct and ethics

We reserve the right to refuse certification or to dismiss a participant from the program in the case of any inappropriate or disruptive behavior.

#### **TRAINING COSTS:**

The total investment of \$650 is due by July 14th, 2023. A \$150 deposit is required to save your spot and receive your reading materials. We recommend paying the deposit as soon as you are committed to the program to hold your spot.

### *TUITION INCLUDES:*

- All class materials including a printed Core Fire Conditioning Class Manual
- All training classes held at RIHY during our teacher training weekend
- One pre-programmed HIIT class timer
- Digital copy of selected required reading materials
- Two feedback sessions on live classes following the completion of the program

### *TUITION DOES \*NOT\* INCLUDE*

- Additional books and reading materials
- Meals and accommodations - although we may order lunch together as a group or offer recommendations on local dining.

### **CANCELLATION / REFUND POLICY**

Participants must pay a \$150 deposit to secure their place in the course. The deposit may be refunded up until 30 days before the course starts. The remaining balance is due by July 10th, 2023. **All payments made after July 1st are non-refundable.**

If an individual is unable to complete the program, tuition fees may be applied to another program, workshop, or class at Rhode Island Hot yoga at a later date. Please note that payment of teacher training tuition does NOT guarantee certification - trainees must attend fully and complete all graduation requirements in order to be certified.

Please contact [juliana@rhodeislandhotyoga.com](mailto:juliana@rhodeislandhotyoga.com) if you have any questions that are not addressed here!