

RHODE ISLAND HOT YOGA COSTA RICA YOGA RETREAT

March 9th - March 16th, 2024

TERMS & CONDITIONS

Please read the following information thoroughly. You will be asked to agree to these Terms & Conditions when you register for the Retreat. These terms also address some frequently asked questions.

➤ **Booking & Payment**

Your booking is not considered definite and no contract will exist until we receive your \$500 initial deposit and you agree to these terms and conditions.

For sign-ups prior to Dec 7th, the remaining balance will be due in two installments. 50% of the remaining balance is due on January 1st, 2024. The full balance is due on February 15th, 2024. If payments are not received by these dates and no arrangements have been made for payment, then we reserve the right to cancel your booking.

Payments may be made by check (in person or mail) or online via electronic invoice.

All deposits and other payments made after December 1st, 2023 are final and nonrefundable.

However, if another person can be found to take your place, then we may offer you a refund at our discretion. There are no refunds for an unused portion of the retreat. If the reason for cancellation is covered under the terms of your Insurance Policy, you may be able to make a claim on your insurance. *Travel Insurance is highly recommended!*

➤ **Retreat Description**

I have read and understand the description of the retreat and I understand what is included/excluded in the retreat cost. Specifically, but not limited to, the following are additional expenses paid by the participant: airfare to/from the retreat location, optional excursions, all alcoholic beverages, any food or drink costs outside of the listed meals, gratuities, travel insurance, visas, in town transportation, private lessons, laundry service, or additional spa and body treatments.

➤ **Travel Arrangements**

All travel arrangements between your location and the San Jose International Airport (SJO) in Costa Rica are your responsibility and at your own cost. We shall not be held liable for any consequences arising from delays or cancellations in any of the companies you may have made arrangements with, or for any irregularities in your documentation required for travel.

Transportation from SJO to the Retreat will be provided. It is your responsibility to provide us with your accurate flight information at least fourteen (14) days before departure so that the Retreat may arrange your pick-up.

➤ **Travel Insurance**

Travel insurance is HIGHLY recommended. There are many companies offering this service online. In case of unexpected cancellation, sickness, losses, or other last minute emergencies, most travel insurance plans will reimburse you for the cost of the trip, your airfare, and other non-refundable expenses, including those related to Covid-19 such as trip cancellation, trip delay, or quarantine. Purchase of travel insurance is your responsibility and at your own cost.

We also strongly encourage participants and family members to ensure they are covered by medical insurance should any medical issues arise. Your safety is ultimately your own responsibility. All risks associated with not being covered by appropriate insurance are assumed by the participant.

➤ **Personal Property**

You acknowledge and agree that you are responsible for all personal property during the Retreat and that we are not responsible for lost, stolen, or damaged items. You will be given a personal key for your room (unless you are in a Tentalow) which will be your responsibility.

➤ **Your Health**

(a) It is your responsibility to be mindful at all times of your own body's capability during the retreat. If you experience any injury or discomfort during any activity during the retreat, then you must desist immediately.

(b) It is also your responsibility to consult a doctor with an understanding of yoga to check that you are sufficiently fit and healthy to undertake yoga classes and other physical activities that you may choose to do whilst on the retreat.

(c) Please advise us of any mental or physical health conditions and dietary requirements before you book. If you have health conditions and dietary requirements that may be affected by the activities offered on our retreats we reserve the right to advise you to desist and in the interests of your wellbeing, or others, we may decline your stay at our retreats.

(d) Whilst all measures are taken to ensure a high standard of health and safety, we are situated in a location where the land is uneven at times and we shall not be responsible for any injuries caused by uneven terrain.

➤ **Photo and Video**

.I understand that during a Retreat, participants may be photographed or videotaped. I allow Hot Yoga RI, LLC to use such images, words and likenesses for marketing, on websites, social media, in brochures or other writings and any other legitimate purpose.