

# Yin Yoga Retreat in Vermont

with Rhode Island Hot Yoga | October 24th - 27th, 2024

## TERMS & CONDITIONS

Please read the following information thoroughly. You will be asked to agree to these Terms & Conditions when you register for the Retreat. These terms also address many FAQs.

### ➤ Booking & Payment

Your booking is not considered definite and no contract will exist until we receive your \$250 initial deposit and you agree to these terms and conditions. Your deposit becomes final and nonrefundable after October 1st, 2024. The full non-refundable balance is due on October 1st, 2024. If payment is not received by this date and no arrangements have been made for payment, then we reserve the right to cancel your booking.

Payments may be made by check (in person or mail) or online via electronic invoice.

All payments made after October 1st, 2024 are final and nonrefundable. There are no refunds for an unused portion of the retreat. If the reason for cancellation is covered under the terms of your Insurance Policy, you may be able to make a claim on your insurance. We strongly encourage the purchase of Travel Insurance in case of unexpected illness or emergencies that may prevent you from attending the full duration of the Retreat.

### ➤ Retreat Description

I have read and understand the description of the retreat and I understand what is included/excluded in the retreat cost. Specifically, but not limited to, the following are additional expenses paid by the participant: transportation to/from the retreat location, any food or drink costs outside of the listed meals, gratuities, travel insurance, and massage therapy sessions (optional.)

Check-in time is 4pm on Thursday October 24th and check-out time is 1pm on Sunday October 27th. Dinner will be served on Thursday and brunch will be served on Sunday. On all other days, three meals will be served consisting of self-serve breakfast and family-style lunch and dinner. Bagged lunches may also be provided if you will not be at the retreat center at lunchtime.

All of the above listed meals ARE included in your retreat fee, as well as yoga classes offered 2x a day and accommodations in the room of your choice. The retreat center does provide bedding, towels, yoga mats, and yoga props, although you are welcome to bring your own if you prefer. The retreat center also offers an outdoor hot tub and fire pit.

## ➤ Travel Arrangements

All travel arrangements between your location and Good Commons 4771 Route 100A Plymouth, VT 05056 are your responsibility and at your own cost. We encourage you to carpool if possible as there is limited parking available at the retreat center. We shall not be held liable for any consequences arising from delays or cancellations in any of the companies you may have made arrangements with.

## ➤ Travel Insurance

**Travel insurance is recommended.** There are many companies offering this service online. In case of unexpected cancellation, sickness, losses, or other last minute emergencies, most travel insurance plans will reimburse you for the cost of the trip, and other non-refundable expenses, including those related to Covid-19 such as trip cancellation, trip delay, or quarantine. Purchase of travel insurance is your responsibility and at your own cost.

We also strongly encourage participants and family members to ensure they are covered by medical insurance should any medical issues arise. Your safety is ultimately your own responsibility. All risks associated with not being covered by appropriate insurance are assumed by the participant.

## ➤ Your Health & Property

(a) It is your responsibility to be mindful at all times of your own body's capability during the retreat. If you experience any injury or discomfort during any activity during the retreat, then you must desist immediately.

(b) It is also your responsibility to consult a doctor with an understanding of yoga to check that you are sufficiently fit and healthy to undertake yoga classes and other physical activities that you may choose to do whilst on the retreat.

(c) Please advise us of any mental or physical health conditions and dietary requirements before you book. If you have health conditions and dietary requirements that may be affected by the activities offered on our retreats we reserve the right to advise you to desist and in the interests of your wellbeing, or others, we may decline your stay at our retreats.

(d) Whilst all measures are taken to ensure a high standard of health and safety, we are situated in a location where the land is uneven at times and we shall not be responsible for any injuries caused by uneven terrain.

(e) You acknowledge and agree that you are responsible for all personal property during the Retreat and that we are not responsible for lost, stolen, or damaged items

## ➤ Photo and Video

.I understand that during a Retreat, participants may be photographed or videotaped. I allow Hot Yoga RI, LLC to use such images, words and likenesses for marketing, on websites, social media, in brochures or other writings and any other legitimate purpose. If for any reason I do not wish to have my photo taken, I understand that it is my responsibility to let the retreat leader know in advance.