

Rhode Island Hot Yoga Job Description

Massage Therapist

Position title	Department	Reports to
Massage Therapist	Wellness Center	Wellness Center Manager
Employment status	FLSA status	Effective date
<input type="checkbox"/> Temporary <input type="checkbox"/> Full-time <input checked="" type="checkbox"/> Part-time	<input checked="" type="checkbox"/> Nonexempt <input type="checkbox"/> Exempt	9/19/2025

Position Summary

The Massage Therapists are responsible for providing high quality massage services for our Wellness Center clients at Rhode Island Hot Yoga. Massage therapists should be responsive to the needs of our clients and ensure that every individual has a healing and positive experience.

Essential Duties and Responsibilities

The essential functions of this position include, but are not limited to:

- Arrive punctually 15 minutes before each appointment to prepare for the session and perform any necessary opening duties.
- Review all client information before appointment, including initial medical intake form, SOAP notes from past appointment (if available), add-ons, and special requests
- Consult with client at start of appointment to figure out a massage plan
- Maintain open communication with client during massage to ensure their needs are met
- Follow up with client after session and ensure all paperwork is returned to front desk
- Break down / reset massage room according to studio guidelines.
- Communicate any schedule changes or requests to Wellness Center Manager
- Respond to any communication from supervisor within 48 hours
- Maintain up-to-date massage license with the State of Rhode Island according to all current requirements and regulations

Minimum Qualifications (Knowledge, Skills, and Abilities)

The minimum qualifications for this position include:

- Current and valid massage license in the state of Rhode Island
- Current and valid CPR / first aid certification
- Proof of current insurance

Physical Demands and Work Environment

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this position. Reasonable accommodations may be made to enable individuals with disabilities to perform the functions.

- Physically able to perform 2-3 massages per shift (up to 3 hours active massage time)
- Set-up and break down massage equipment for each shift

Note

This job description in no way states or implies that these are the only duties to be performed by the employee(s) of this position. Employees will be required to follow any other job-related instructions and to perform any other job-related duties requested by any person authorized to give instructions or assignments. All duties and responsibilities are essential functions and requirements and are subject to possible modification to reasonably accommodate individuals with disabilities.

- I have read and understand the job requirements, responsibilities and expectations set forth in the job description provided for my position. I attest that I am able to perform the essential job functions as outlined with or without any reasonable accommodations.

Reviewed with employee by:

Signature: Juliana Olmstead

Name and title: Owner, Hot Yoga RI LLC

Date: _____

Received and accepted by:

Signature: _____

Name: _____

Date: _____

The company is an equal opportunity employer, drug-free workplace, and complies with ADA regulations as applicable.